

10 SNACKS WE LOVE

Ever fall into a rut when it comes to snacks? We know sometimes you just want to try something new. We've fallen in love with a few brands and highlight them to our customers as a new Snack of the Month.

LET US INTRODUCE YOU TO...



The Safe + Fair Food Company

Founded by two dads with nut-allergic children, the company provides clean label and delicious foods – chips, cookies, cake mixes, mac & cheese, and more – that address the needs of the more than 15 million people in the United States with food allergies. One of their incredible snacks available through Oh My Green is Abby's Cookies - delicious in two varieties: chocolate chip and shortbread. These tasty treats are non-GMO, made from whole grains, and contain no artificial ingredients, trans fat or high fructose corn syrup. Safe in any situation, these cookies are also peanut-free and tree-nut-free. They also donate 3% of their proceeds to the Sean N. Parker Center for Allergy and Asthma Research at Stanford University. We think Safe + Fair is a pretty cool company with great tasting products.



World Peas

World Peas took on the challenge of creating a healthy, crunchy cheese snack as a “clean-label alternative” to heavily processed alternatives. The goal, over time, is to offer a world of salty snacks that can compete with the big brands on taste while providing a much needed healthy option. Oh My Green thinks World Peas is doing just that with Peatos, they dedicate themselves to making great tasting snacks with substance. Peatos are made from real cheese and pulses, the nutrient dense, dry, edible seeds of beans, lentils, chickpeas and peas. This plant based protein source delivers fiber and phytonutrients that provide key vitamins and minerals. Not only are they healthy, but Peatos provides lip-smacking goodness with the nutritional boost of protein and fiber that is also crunchy! Through the use of innovative production techniques and quality ingredients, World Peas brings both flavor and nutrition to snacking.



RxBar

Started by two best friends with the drive to flip the script on the health bar game, RxBar created a tasty, honest and nutritious alternative to processed and sugar-laden protein bars. RxBar makes their products from great core ingredients: egg whites for protein, dates to bind, and nuts for texture. There are no added sugars or preservatives. Just good tasting, chewy, clean snacking with 100% natural flavors. RxBars are non-gmo, gluten free, soy free, and dairy free. Filled with 12 grams of protein and 6 grams of fiber, RxBars can help quiet your growling tummy through those long meetings.



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4 OCHO Candy

OCHO Candy redefines the way candy is made. The company uses only simple, organic ingredients, and contains no artificial flavors, preservatives or fillers. Their candy is made in small batches in their own candy factory so you can taste the difference with each bite. While any season is Chocolate season - we featured OCHO Christmas seasonal milk chocolate trees as our December Snack of the month as the perfect sweet treat to indulge in this holiday season. OCHO fills these bite-sized morsels with creamy peanut butter and gooey caramel that is sure to satisfy. Seasonal or not, OCHO's chocolate candy is good any time of the year.



5 IPS Perfect Snacks

IPS Snacks uses non-GMO popcorn to make its healthy alternatives to traditional potato chips. IPS Perfect Chips are protein-packed chips with a flavor punch. Not baked, fried, or popped, these chips contain zero trans and saturated fats. They are also gluten free and contain 6 grams of whey protein per serving (the same protein content as a large egg). With half the fat of regular potato chips, these guilt-free morsels are the perfect way to satisfy your need to snack and keep hunger at bay. IPS Snacks set out to create a great tasting protein chip that delivered on both nutrition and flavor. With 120 calories per serving and six grams of protein, IPS Perfect Chips is a great snack choice.



6 Little Secrets

Described as “the fair-trade-certified love child of a Kit Kat and a Nutter Butter” the Sea Salt Crispy Wafers is only one of many treats voted as “crazy delicious” by almost everyone on Rachael Ray Every Day’s staff. Before Chris Mears, CEO of Little Secrets Chocolate Brand, channeled his obsession for chocolate into creating these killer treats, he did his research. After polling hundreds of friends and family members, he learned that most people keep a “secret candy stash” at work. Chris made it his goal to make our guilty pleasure of chocolate snacking less incriminating. We absolutely love their Dark Chocolate with Sea Salt Crispy Wafers. These yummy, all natural, crispy, fair-trade chocolate covered wafers strike the perfect balance of sweet and salty and deliver a crunch that is guaranteed to satisfy.



7 BEAR

We love the story of how the BEAR Nibbles got its name. Founder Hayley Gait-Golding read a study about wild bears living normal “bear lives” – eating salmon and berries – versus those that somehow drifted into cities and were eating out of trash cans outside fast food restaurants. The research found that city bears were 30% fatter and less active than wild bears. They also had far less life-expectancy than their healthier counterparts. She took that as a cautionary tale for us humans. BEAR’s mission is “to help people get back to eating as nature intended.” BEAR Yoyos are the perfect guilt-free dessert or mid-afternoon snack. Yoyos are delicious fruit rolls made with 100% pure fruit and vegetables with absolutely no added nonsense. They’re also packed in a packaging house where there is no cross-contamination with nuts, dairy, soy, wheat, egg or legumes. No added sugar in any of these yummy snacks and high in fiber. A pack of BEAR Yoyos count for one of your five daily required fruits and vegetables.



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oh my green

8 Project 7

Project 7's journey started when founder Tyler Merrick decided he wanted to build a brand that people loved while providing financial resources to important causes. Project 7's name comes from the seven areas that the company supports: saving the earth, housing the homeless, feeding the hungry, quenching the thirsty, healing, teaching and anti-bullying. We love Project 7 Sourly's because, well... they are delicious! These guilt-free sour chewy gummies are also free of bad stuff like artificial flavors and colors, as well as being gluten-free. Sourly's are 100% non-GMO, made with organic sweeteners, and each one provides a mind-blowing experience with their unique sour-to-sweet flavors.



9 Oloves

What's not to love? These tasty green olive snacks are gluten-free, low in fat, vegan friendly, and 100% Kosher. Packaged for easy, no-fuss snacking, these beauties come ready to savor. With at least 10 juicy plump olives in each bag (with no pits!) - all that's left is to select a flavor. One of our faves is the Basil Garlic. Oloves is a fun loving, UK based company that likes to say they are sharers. Sharers of healthy, alternative, guilt-free, and delicious snacks. Discovering these lovely little olives when in Spain, they did what anyone would do. Popped them into bags, sold them on the beach, and then brought the idea back home.



10 Barnana

Barnana not only tastes great and helps with exercise recovery, but they have a pretty neat mission. With a goal to help end food waste on organic banana farms by upcycling bananas that used to go to waste, Barnana is able to take those "imperfect" bananas that have scuffs, are a little too ripe, or aren't the perfect size and turn them into delicious little snacks. Did you know that farmers lose up to 20% of their bananas because their bananas are not "perfect"? With products like chewy Banana Bites in flavors like Peanut Butter and Dark Chocolate that are sweetly reminiscent of candy but healthy for you, you can feel good fueling on Barnana's super banana snacks.



Kick Snacking Ruts to the Curb!

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